

### Medicare reform

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### **Medicare Payment Advisory Commission**

- Independent, nonpartisan, Congressional support agency
- 17 national experts selected for expertise, not representation
- Appointed by Comptroller General for 3-year terms (can be reappointed)
- Make recommendations to the Congress and the Secretary of HHS
- Vote on recommendations in public



## MedPAC approach to improving value

Payment accuracy and efficiency	<ul> <li>Fiscal pressure on providers to constrain costs</li> <li>Price accuracy for health care services</li> <li>Measuring resource use</li> </ul>	
Quality and coordination	<ul> <li>Care coordination models (ACOs)</li> <li>Bundled payment for an episode of care</li> <li>Gainsharing</li> <li>Penalties for avoidable hospital readmissions</li> <li>Patient-centered medical home</li> </ul>	
Information for patients and providers	<ul> <li>Comparative effectiveness</li> <li>Disclosure of physician financial relationships</li> <li>Public reporting of quality</li> </ul>	
Aligned health care workforce	<ul> <li>Incentives for residency programs that focus on quality, efficiency, and accountability</li> <li>Strategies for fueling the workforce pipeline</li> </ul>	
Engaged beneficiaries	<ul> <li>Reformed benefit design and first dollar coverage</li> <li>Shared decision-making</li> </ul>	

## Provider payment

- Policy levers to pay accurately, restrain costs, and affect provider behavior
- Elements of payment policy
  - Level of payment (fiscal pressure)
  - Distributional equity (favoring some services or populations)
  - Preventing fraud and abuse



### Provider payment examples

- Restrain updates (e.g. home health)
- Site-neutral payments: equalize or narrow payment differences between the physician office setting and hospital outpatient departments
- Normalize payments for therapy and nontherapy patients (e.g. SNFs)
- Increasing primary care payments relative to procedures

## Medicare's payments versus providers' costs

- Some argue that Medicare's prices are set too low relative to providers' costs
- MedPAC argument
  - Costs are not immutable
  - Lack of fiscal pressure by private payers leads to higher payments, higher provider costs, and results in lower Medicare margins
- Provider consolidation allows providers to command higher payments from private payers, and in turn increased provider costs

## Hospitals under financial pressure tend to keep their costs down

	Financial pressure 2004 to 2008		
	High pressure*	Low pressure**	
Number of hospitals	756	1,747	
Relative 2009 standardized cost per discharge	92%	104%	
2009 overall Medicare margin	4.7%	-10.2%	

\* High pressure hospitals have a non-Medicare margin <1% and stagnant or falling net worth.</li>
 \*\*Low pressure hospitals have a non-Medicare margin>5% and growing net worth.
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# Comparing 2011 performance of relatively efficient hospitals to others

	Relatively efficient	
Measure	hospitals	Other hospitals
Percent of hospitals	14%	86%
30-day mortality	13% lower	3% above
Readmission rates (3M)	5% lower	1% above
Standardized costs	10% lower	2% above
Overall Medicare margin	2%	-6%
Share of patients rating the hospital highly	69%	67%

Note: medians for each group are compared to the national median Source: Medicare cost reports and claims data



## Encouraging care coordination and restraining volume

- Payment policies to encourage providers to consider resource use and quality when delivering care
  - Traditional FFS
  - New FFS models
  - Competitive models (MA/Part D)



## Examples of payment policies to encourage coordination and to restrain volume

#### Traditional FFS

- Readmissions penalty
- Gainsharing
- Medical review
- Prior authorization
- New FFS models
  - Risk-based ACOs (population based)
  - Bundling around a hospitalization (episode based)
- Competitive models (MA and Part D)
  - At-risk capitation per beneficiary
  - Setting the federal contribution (administratively or competitively)

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### Changes in MA landscape

#### Benchmarks, bids, and payments relative to FFS

	Benchmarks/	Bids/	Payments/
	FFS	FFS	FFS
2010	112%	100%	109%
2013	110%	96%	104%

Source: MedPAC analysis of CMS bid and rate data



## Medicare's policies can also focus on the beneficiary

- Medicare beneficiaries make decisions that affect overall Medicare spending in two main ways
  - At the point of service, when choosing whether and which health care services to obtain
  - At the point of enrollment, choosing whether to enroll in an MA or Part D plan



# Examples of policies for beneficiary information and benefit design

- Information about value of services from providers or other sources (PCORI, Choosing Wisely)
- Catastrophic protections and clarity on cost sharing
- Address first dollar coverage
- Protections for the poor (targeting subsidies)



## Private plans

- At-risk capitation per beneficiary
- Beneficiaries choose based on plan benefits and cost sharing/premiums
- Medicare Advantage
  - May limit spending by coordinating care through utilization management and networks
  - But, administratively-set benchmarks have led to program costs rather than savings
- Part D drug plans
  - May limit spending through formulary and utilization management, and networks
- Program spending growth about 6% annually but variable, increased use of services, high satisfaction

14

### Delivery system

FFS Pay by service or episode Silo-based Some VBP	ACO Mixed payment: FFS payment +/- shared savings All Part A&B Quality incentive	MA Pay for population Full capitation All Part A,B,D Quality bonus
No risk	Limited risk	Full risk

#### Payment and delivery system integration

VBP = value based purchasing

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### Future issues

- Improving FFS-based delivery reforms (ACOs)
- Competitively set plan contributions (CPC)
  - Government subsidy based on competition among plans and FFS
  - Beneficiary chooses a plan based on premium
- Dual-eligible beneficiaries
  - Coordinated care models
  - Federal/state financing
  - Clinical/social services

Role of advanced practice nurses (NPs, PAs)
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